



# MATER

Volume 6

No.1

# NEWS

July 2010

## UPDATE FROM THE CHIEF EXECUTIVE'S OFFICE .....



### Welcome to the July edition of the MaterNews.

It is hard to believe that 6 months of the year has passed, a six-month period that has been very challenging in many respects. Financial constraints, reduced staffing levels arising out of the employment ceiling combined with increasing levels of patient complexity and activity both for emergency and elective admissions were the hallmarks of a very busy period.

The hospital is facing many challenges as we face into the second half of the year not least of which is our budget deficit, currently standing at €17m for the year, or 8% of budget. This is primarily as a result of the 'top slicing' of €12m by the HSE off our 2010 budget. It does not include a further reduction of €12m to account for public sector pay reduction. The hospital budget for 2010 is €213m compared to €240m in 2009. Hospital management including our Board are continuing to engage with the HSE both at regional and corporate level to address certain aspects of this deficit. However, it will be necessary despite the ongoing dialogue to implement some significant cost containment and income generation measures to bridge the gap alluded to above. These will manifest themselves in bed capacity reductions, private and other income generation, strict enforcement of the employment level targets and budget reductions across all non-pay areas. Even allowing for this we may not bridge the deficit and further measures may have to be introduced later in the year. I will be looking to all staff to play their part in ensuring that this hospital survives this period of economic uncertainty and we consolidate our resources and resolve to serve our patients effectively and efficiently and preserve the future of this organisation as a voluntary hospital with 150 years of tradition and ethos dedicated to the service of the public.

It is not all bad news as our new adult hospital takes shape on the north city skyline. This development includes a new emergency department, outpatients department, new theatre suites, critical care department, radiology department, GI and CV departments and 120 replacement beds in single room format. By September this year the structural work will be completed and the internal mechanical and electrical work will commence. Handover will happen in stages during the latter part of 2011, but the main commissioning date is January 2012. Please check out Dara Carroll's article for an update.

In April, with the financial support of the HSE, the Mater piloted the Mater Smithfield Rapid Injuries Clinic. This clinic has treated in excess of 1,500 patients to date; a significant proportion of these less complicated patients would otherwise have been seen in our ED. Read more in Phil O'Neill's article.

On Thursday July 1st the extension of our existing indoor smoking ban to the whole of the Mater campus will send a powerful clear message that this hospital is a health promoting hospital, committed to the promotion of wellness and healthy living for staff, patients and visitors. This ban applies to all persons on our campus including staff, visitors, patients and external contractors. Compliance with this ban by all is expected based on our commitment to a healthy environment to live and work. It should be a cooperative effort, encouraged by all staff, visitors and patients.

Despite the curtailed fiscal climate, the Mater's ability to win awards continues! We were the recent recipient of a Green Award for our transport initiatives and shortlisted in the European ECOMM awards. Congratulations to our catering department on being shortlisted as a finalist in the Hygiene and Food Safety Hospitals and Health Sapphire Category (National Q Mark Awards). This nomination once again highlights their dedication, work and commitment to provide high standards of hygiene and customer service.

In May, I was delighted to attend the re-launch of the newly designed Breast Health Mater Unit. This was achieved with financial assistance of the NCCP and through the fundraising efforts of the Mater Foundation. I would like to acknowledge and give credit to the staff of the unit who managed to keep the service going throughout the difficult redevelopment phase and our Projects staff who managed the upgrade. Read more in Mary Moorhead's article.

At the end of May 2010, Professor Freddie Wood retired from the Mater after more than 32 years of dedicated service not only to the Mater but also to OLHC and St. Vincent's amongst others. As a cardiothoracic surgeon and as a transplant surgeon, Freddie was significantly instrumental in the development and establishment of the National Cardiothoracic Unit and both the Heart and Lung Transplant Programmes. On behalf of all your colleagues at the Mater we wish you every good health and happiness in your retirement and look forward to seeing you on the 8th September in the Pillar Room.

As this is our last publication for the summer, I would like to wish you all a good summer, and if you are going on holidays enjoy!

**Brian Conlan**  
Chief Executive



# MATER SMITHFIELD RAPID INJURY CLINIC

By Phil O'Neill, Head of Operations and Clinical Support . . . . .

The contemporary focus of healthcare policy is derived from the principles of moving healthcare provision out of the acute hospitals and into more accessible community settings. The establishment of our new Mater Smithfield Rapid Injury Clinic could prove a model for service development and delivery around the country.

To remedy the confines of our current physical environment and its effect, this off-site facility should enhance our overall Emergency Department (ED) performance. It has advantages over ED in the management of lower triage categories, as the unit does not deal with major trauma or life-threatening emergencies.

Therefore patients with minor injuries should no longer experience lengthy waiting times due to their status and consequently eliminate predictable complaints and patient dissatisfaction. In fact, a recent survey has revealed that 82% of respondents were treated in under an hour. Also, given the notable drop in demand for overnight service provision, the facility can close every evening with significant cost savings.

The clinic has treated over 1,000 people since it first opened its doors on April 12th and a significant proportion of those would otherwise have been seen in the Mater ED. The clinic offers some services not usually available in a GP's office, such as x-ray and wound management.



Mr Eamonn Brazil Consultant in Accident & Emergency

**The clinic is located in Smithfield Market, Dublin 7 and its opening hours are 8am-6pm, Monday to Friday.**

Conditions Treated	Conditions NOT Treated
<ul style="list-style-type: none"> <li>✓ facial, ear and nasal trauma</li> <li>✓ cuts to face and head</li> <li>✓ upper limb injuries</li> <li>✓ lower limb injuries</li> <li>✓ wounds</li> <li>✓ burns</li> <li>✓ animal and insect bites</li> <li>✓ serious skin infections</li> </ul>	<ul style="list-style-type: none"> <li>X pregnancy related conditions</li> <li>X psychiatric conditions</li> <li>X extremely ill patients (collapsed or require admission)</li> <li>X cardiac conditions</li> <li>X serious medical/trauma cases</li> <li>X people with altered levels of consciousness</li> <li>X children under 16 years of age</li> </ul>



# TRASH THE ASH

By Ruth Buckley, Health Promotion Co-ordinator

**From 1st July 2010 our hospital campus will be SMOKEFREE!**

The boundaries of the hospital campus will be clearly marked with a blue line.

We are taking this important step in the fight against all illnesses caused by tobacco smoke.

**Thank you for your support!**

The paradox that currently exists in many healthcare organisations regarding advising people to quit smoking while continuing to facilitate smoking requires action. After careful consideration, we have taken the decision to implement a smokefree campus policy. By eliminating smoking on our property we will provide a healthier and safer environment for our patients, staff and visitors and promote positive health behaviours.

Ensuring staff, inpatients, patients prior to admission and the public are aware of our smoking ban and the implications is key. A number of methods to inform inpatients, and the public have been undertaken including but not limited to:

- Setting up information stands;
- Holding staff information sessions at ward level;
- Issuing letters and information leaflets to GP's;
- Posting an announcement on our Mater website <http://www.mater.ie/>
- Posting an announcement on Healthlink.

Signs and posters indicating our tobacco-free environment are widely visible (inside and outside the hospital). Patient information leaflets were distributed to all ward areas, outpatients, emergency department etc.

For those who would like to use this as an opportunity to quit smoking we have a smoking cessation support service available for staff through our health promotion and occupational health departments.

Help our smokefree awareness campaign!

**For further information contact Ruth Buckley, Health Promotion Coordinator. Telephone: 803 4509 Email: [healthpromotion@mater.ie](mailto:healthpromotion@mater.ie)**



## MISSION EFFECTIVENESS



..... By Sister Margherita Rock, Director of Mission Effectiveness

Our 2010 programme is well underway having started with an 8 week Bioethics Course in February, given by Dr. Alan Kearns, which was well received by all.

Staff focus groups are ongoing with 18 departments participating already. Such interactive meetings provide an opportunity to heighten awareness of the hospital's mission and are also hopefully a source of encouragement for staff during these difficult times.

Lunchtime talks on Grief in the Workplace (given by Breffni McGuinness), Health and Wellbeing at Work (given by Prof. Patricia Casey) and Managing Stress at Work (given by Dr. Jonathan Egan) have proven a great success. A further 3 talks are planned for Autumn. Watch out for further updates! Plus read about the success of our stress management workshops in Jonathan's article titled 'Staff Connecting Mind and Bodies'.

As the programme continues, preparations have already begun for the Mater's 150th celebrations next year. Our office is organising a conference on compassion for May 2011, which will coincide with an exhibition on compassion. We are also engaging with our local community through 'Phizzfest' to see how residents in the area can become involved in the celebrations.

I would like to thank all staff for their continued support of the mission of the hospital.

I look forward to working with you as we prepare to celebrate together the Mater's 150 years of caring for patients with compassion, respect and professionalism.



## HAVE YOU WASHED YOUR HANDS?

By Celine O' Carroll, Assistant Director of Nursing, Infection Prevention and Control

**Hand hygiene is the single most important means of preventing the spread of infection.**

It is simple and low cost.

It is not the only measure used to prevent the spread of infection but it has been proven time and time again that hands are the main vector for passing organisms between patients.

Compliance with hand hygiene enhances patient safety and saves lives.

### How Do I Clean My Hands?

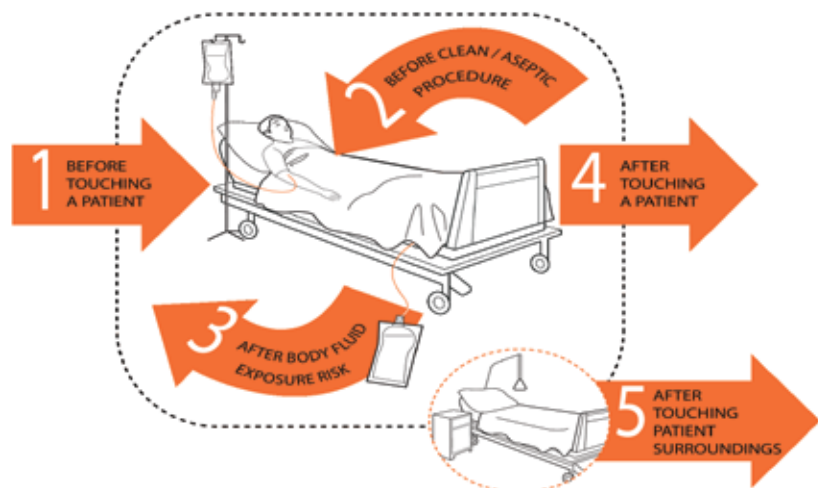
Alcohol hand rub is the preferred method of hand hygiene if hands are not visibly soiled.

Hand washing with soap and water is essential when:

- Hands are visibly dirty or soiled (after visible exposure to body fluids)
- Dealing with patients who have proven clostridium difficile

The **World Health Organisation (WHO) 5 Moments of Hand Hygiene** defines the key moments when healthcare workers should perform hand hygiene.

1. Before touching a patient
2. Before clean / aseptic procedures
3. After body fluid exposure risk
4. After touching a patient
5. After touching patient surroundings



### Why Should I Clean My Hands?

Any health-care worker, caregiver or person involved in patient care needs to be concerned about hand hygiene. Therefore hand hygiene concerns **YOU!**

**YOU** must perform hand hygiene to **protect the patient** against harmful germs carried on your hands or present on his / her own skin.

**Please ensure YOU attend the mandatory hand hygiene sessions.**

The Infection Control Nursing team will continue to carry observational hand hygiene audits in all clinical areas within the hospital.



## THE LIBRARY GOES MOBILE

• By Angela Rice, Head of Library & Information Service

In the last issue of Mater News, we spoke about accessing library resources from home. This month we want to tell you about wifi access in the library and about resources you can access on your mobile or smartphone.

We have installed a wireless broadband network in the library, allowing library users to connect to the Internet using their own wireless-enabled laptops and other wireless devices. This service is free of charge and is available while the library is open.

In addition, you can search some of the library's databases from your mobile phone, whether you are in the library, at home or in the hospital.



### CINAHL

On your mobile phone, enter <http://search.ebscohost.mobi> in your browser's address bar

Tap Athens Login and enter your Athens username and password.

Then select Mobile Access

If you don't have an Athens username and password, contact us and we'll tell you how to get one.



### Medline

On your mobile phone, enter <http://pubmedhh.nlm.nih.gov> in your browser's address bar.



### MedlinePlus

On your mobile phone, enter <http://m.medlineplus.gov> in your browser's address bar

You can also check out our new web page on MaterNet with links to great mobile medical apps:

<http://maternet/Administration/LibraryInformationService/SubjectLinks/mobile>

**For further information contact Angela Rice, Head of Library and Information Service. Telephone: 803 2241 Email: [arice@mater.ie](mailto:arice@mater.ie)**

## GRADUATION CLASS OF 2010

By Ciara Dowling,  
Clinical Placement Coordinator

Congratulations to our UCD student nurses who graduated with a Bachelor of Science in Nursing in December 2009. Following a graduation ceremony in UCD a mass was celebrated in our hospital chapel and included a blessing of the graduates' hands. A presentation of hospital badges and a reception for students, parents and families followed. On behalf of the graduates a sincere thank you to all hospital staff that supported the students over the past four years. We wish the new graduates every success in their future careers.



## MATER CAMPUS HOSPITAL DEVELOPMENT

By Dara Carroll, Arts and Environment Manger

John Sisk and Son (JSS) are making good progress on the construction of the new adult hospital development.

The -2 and -1 levels of the basement car park structural works are complete, with block work, mechanical and electrical works commencing. All structures for the new lift cores are complete and Level 0 (new Emergency Department) and Level 1 slabs have been poured. Work is now starting on levels 2 and 3, where the new radiology and theatre departments will be located. Work on Level 8 of phase 1A is due to commence early June for completion in October 2010.

MCHD continues to hold regular meetings on quality control and submittal reviews with the JSS team. JSS are currently progressing their design and construction works in accordance with the agreed Design / Construction Programme for full handover to the hospital in Spring 2012. MCHD is also liaising with the National Paediatric Hospital design team and the Railway Procurement Agency on their respective programmes.



Left to Right: Catherine Benn (Smith and Nephew), Nora O'Callaghan (Nurse Tutor) and Mary Claire Owens (Smith and Nephew)

## PAVING THE WAY IN INNOVATIVE WOUND CARE

By Nora O'Callaghan, Nurse Tutor

In November 2009, a very successful wound care seminar, titled Chronic Wound Management, was held in the Centre for Nurse Education. Nurses from community care areas, nursing homes and 42 nurses from our clinical practice areas participated in this seminar, hosted in collaboration with Smith and Nephew Limited.

The seminar focused on pressure ulcers and the diabetic foot. Presentations outlined the aetiology and classification of pressure ulcers and the concept of wound bed management preparation. Additionally assessment, using the TIME acronym, developed by The International Advisory Group on wound bed preparation was included. All of the areas cited below must be assessed and addressed if healing is to be achieved.

**What does the TIME acronym mean?**

- T = Tissue;**
- I = Infection / inflammation;**
- M = Moisture;**
- E = Wound Edge.**

The challenge of product selection and managing infection was of particular interest to the participants. Feedback from participants was very positive. The presentation on the diabetic foot was reported as 'excellent' and topics such as pressure areas and dressings were found to be particularly useful.





## DATA PROTECTION INFORMATION SEMINAR

By Deirdre Hyland, Head of Information Management Services & Data Protection Officer

On Tuesday, 25th May 2010, in an effort to heighten staff awareness regarding the principles of Data Protection, a Data Protection Information Seminar was held in the Fintan Gunne Lecture Theatre. This seminar was very well received with over 75 of our staff in attendance.

Presented by Paul Lavery, a specialist in Data Protection law, the main topics discussed were:

- Understanding the core principles & obligations;
- Understanding individual staff responsibilities;
- Understanding the rights of patients and third parties; and
- The powers of the Data Protection Commissioner – enforcement & penalties.

Check out the presentation on MaterNet <http://maternet/StaffResources/DataProtection/>

In July 2009, a Data Protection Steering Group was set up in the hospital.

In conjunction with promoting the above event, the group will continue to promote further information sessions for staff throughout the hospital.

The Mater takes its own obligation to protect its employee’s privacy very seriously.

Have you read our Employee Data Protection Notice on MaterNet <http://maternet/StaffResources/DataProtection/?>

Familiarise yourself with this notice.



## DAMC SUMMER SCHOOL

• By Dr Peter Doran, Scientific Director UCD Clinical Research Centre

Dublin Academic Medical Centre (DAMC) through the UCD Clinical Research Centre is delighted to announce its fifth annual summer school on ‘Principles & Practices of Clinical Translational Research’.

This course aims to equip participants with the essential knowledge, skills and competencies necessary to conduct effective programmes of clinical investigation and translational research. Through the development of these core research competencies, the DAMC hopes to establish a cadre of highly skilled clinical

investigators, who will be perfectly positioned to drive our translational research ambitions.

On completion, participants will be well placed to commence a research career with UCD leading to higher qualification at masters and doctoral level. Over 200 researchers have attended the DAMC research summer school since its inception in July 2005.

The 2010 programme will include state-of-the-art lectures covering all activity domains in patient oriented-research including clinical trials, medical device studies, population research, translational research and basic science based investigation. In addition the summer school will include a Good Clinical Practice (GCP) course. GCP certification is a critical regulatory requirement for all investigators undertaking patient-based research.

**Date: 7th – 9th July 2010**

**Venue:** Catherine McAuley Education and Research Centre, Mater Misericordiae University Hospital

**Fee:** €150 (for DAMC Staff) €300 (for non -DAMC Staff)

To register and for further information email [director.crc@ucd.ie](mailto:director.crc@ucd.ie)

Testimonials from 2009 course attendees:

“Thanks very much for putting together a course that tied together basic science and clinical work. I was really impressed with the standard of lecturing in most cases. It was especially interesting and inspiring to get an overview of some of the actual work that is taking place and the enthusiasm that those involved still maintain after many years of research.”

“Well designed and useful course; for someone who has not done any basic science in a long time it was particularly helpful to reprise some of the basic tenets of biology and the techniques used in lab research.”

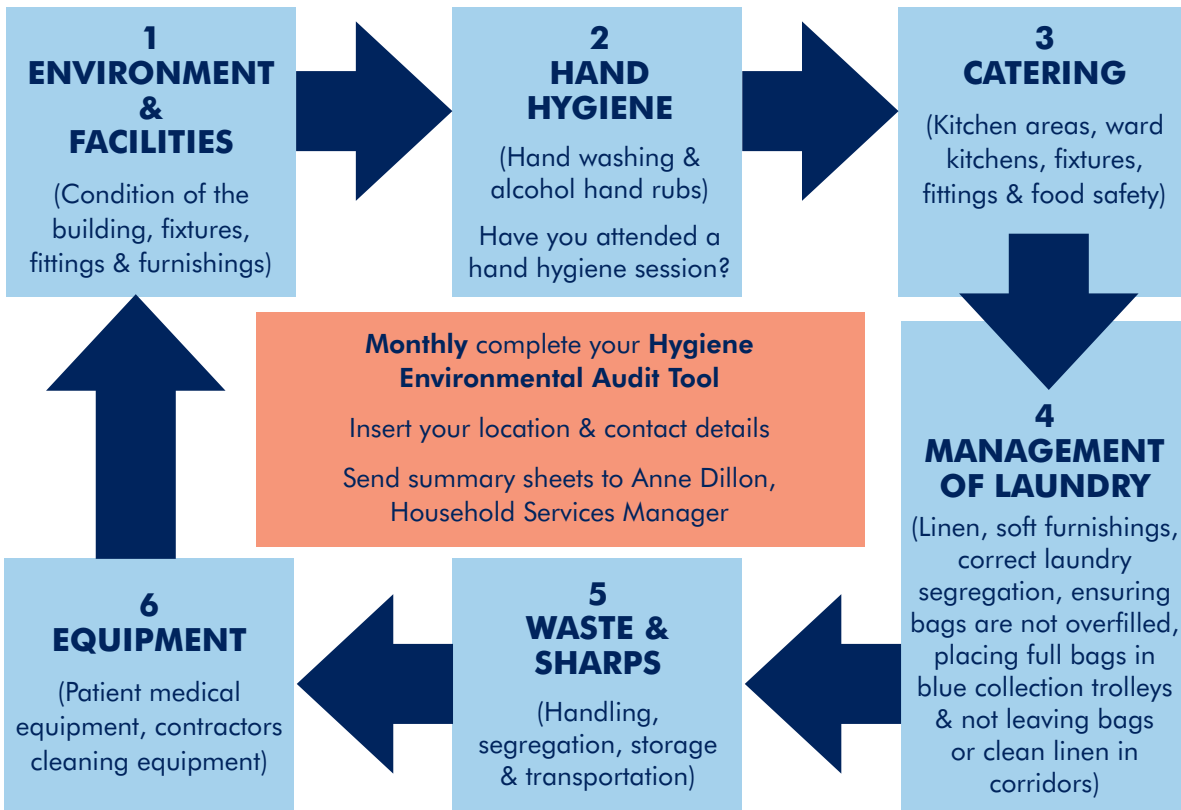


## 6 COMPONENTS OF HYGIENE STANDARDS

By Martin Igoe, Head of Non Clinical Support Services

When the HIQA auditors arrive at our hospital, they will have a special interest in 6 components of the Hygiene Standards (all based on service delivery).

Through **spot checks, documentation, record keeping and questions** the 6 components outlined below will be examined.



For further information contact **Martin Igoe, Head of Non Clinical Support Services. Telephone: 803 2582**  
 Email: [migoe@mater.ie](mailto:migoe@mater.ie)



## STAFF CONNECTING MIND & BODIES!

.....By Dr Jonathan Egan, Principal Clinical Psychologist

In 2009, in excess of 700 staff attended our free lunchtime series of staff relaxation workshops. Run in collaboration with our Director of Mission Effectiveness and the Training Department, the workshops were a phenomenal success. Thanks to your unprecedented positive feedback Sr. Margherita Rock, Director of Mission Effectiveness, kindly sponsored our 2010 workshop programme.

From April to June, new faces appeared as staff relaxed with me at our lunchtime relaxation workshops, held in the Freeman Auditorium. In fact I myself commented to the assembled crowd that I really needed to practice what I preached. Yes with all my personal changes, in 2010 e.g. getting married, moving to Galway to live and commute, turning 40 and expecting our first baby in October practicing relaxation responses is proving very important!

Don't forget audio CD's to aid staff practice relaxation responses are available! These techniques not only help lower blood pressure but also may reverse the aging effect by promoting antioxidation! Recent research by the renowned Massachusetts General Hospital Cardiologist, Dr. Herbert Benson, cited that regular relaxation practice could lead to genomic activity changes. This remarkable finding showed that the relaxation response causes 40,000 genes in the human body to produce anti-oxidation and anti-inflammatory changes that counteract the effects of stress on the body.

So watch out for our Autumn programme details.

A special word of thanks to Ingrid McElroy for her assistance in co-ordinating the workshops.

For further information contact **Ingrid McElroy, Training Department. Telephone: 803 2657** Email: [training@mater.ie](mailto:training@mater.ie)

# PIONEERING INITIATIVES SECURE GREEN AWARD AND EUROPEAN NOMINATION FOR MATER

By Barry McKenna,  
Travelways Commuter Centre Manager

At the 2010 Green Awards ceremony, hosted by the Minister for Environment, Heritage and Local Government, Mr. John Gormley TD, the Mater won the **Green Transport Initiative Award** for our transport initiatives.

This award recognises the sustainable, innovative and pioneering approach undertaken by this hospital in addressing car-dependency, access and promoting alternative means of commuting by staff, patients and visitors.

In March, the candidates for the 2010 European Conference on Mobility Management (ECOMM) awards were announced. In the **Employers Award category** the Mater was **shortlisted** (1 of just 3). To get shortlisted against stiff competition from large multi national corporations is an achievement in itself and recognises the merits of our transport initiatives. At the annual ECOMM transport conference in Graz winners were announced, on this occasion the award went to British Sky Broadcasting.

Since its inception five years ago the Travelways concept has proven to be a notable success. Our recent success in securing a green award and a European nomination confirm this. Without the commitment and support of hospital management and staff our initiatives would not have flourished. I would like to extend my personal gratitude to all concerned.

Don't forget to join our Mater Campus Cycling Club. This active club is looking for new members. If interested please contact me.

**For further information contact Barry McKenna, Travelways Commuter Centre Manager. Telephone: 803 2607  
Email: [travelways@mater.ie](mailto:travelways@mater.ie)**



*Minister for Environment, Heritage and Local Government, Mr John Gormley TD presents Green Transport Award to Barry McKenna and Martin Hughes.*



*Winner Dr Jack Lambert with runner up Liam Daly.*

dedication of the organisers Jason Hickson and Pat Faherty and the support of the Partnership office. We would like to acknowledge the generosity of our sponsors (Porterhouse North, Hedigans and Phibsborough Electrical).

Going forward we hope to enter a team in the Leinster leagues

Looking forward to seeing you in the squash court of the Mater preparing for the Mater Squash Tournament 2011!

## BOXING WITH RACKETS!

By Matt Faherty, Electrician

It was boxing with rackets for the last six weeks in the squash court of the Mater.

Such was the popularity of the competition that organisers were forced to turn down entrants, as numbers were limited to 24. If you were turned away do not be disheartened, keep practising, we hope to see you next year at our Mater Squash Tournament 2011.

We wish to thank participants for their commitment, sportsmanship and in some cases displays of excellence and determination on the court. In particular our finalists Dr. Jack Lambert, Consultant in Infectious Diseases and Liam Daly, who works in perfusion, deserve a special accolade. Congratulations to Jack for his unmatched consistency and skill, which won it for him on the day (refereed fairly by Des McGoldrick).

This challenging tournament would not have been possible without the

## PATHOLOGY GOES PAPER LIGHT

By Pauline McGrath,  
Laboratory Manager

Our Pathology Department in conjunction with Information Management Services (IMS) has been engaged in rolling out a paper light project (for the issuing of laboratory reports). The project has involved a complete transfer of all requests electronically via Order Communications (OCM), the elimination of paper reports for wards and outpatients. Reports are available electronically on Patient Centre.

Did you know that laboratory reports contribute to 25% of the paper in a patient's chart?

This project is one of many steps in a move towards a complete electronic patient record. In addition, it improves the turnaround time for laboratory reports (results are available electronically as soon as they are authorised in the laboratory) therefore providing a more efficient service for our patients.

This project has involved a very significant amount of work by the IMS and pathology staff. Additions and improvements have been made to both the Laboratory Information System and Patient Centre during the project. Pathology and IMS departments would like to thank staff that have engaged, co-operated and contributed to this project and for their patience!



### National Pathology Week

As part of the 'Labs are Vital' initiative in November 2009, pathology took part in National Pathology Week. Medical scientist students (Aine Balfe, Adam Bates, Niamh Byrne, Shane Goggins, Chris Judge, Osarieme Ogbomo and Edel Scally) produced posters outlining the vital role pathology plays in the prevention, diagnosis and treatment and monitoring of heart disease. The posters were informative and captivating. Staff and the general public interacted very well with the laboratory staff with observations, questions and information exchanged over the day. Pathology would like to thank Florence and Gina in photography for their assistance.

## REDEVELOPMENT OF HOSPITAL WEBSITE HAS COMMENCED

By Brid Moran, Internet Services Manager

The Information Management Services Department are delighted to announce that the redevelopment of the hospital website is underway.

Background work has been ongoing on this project for some time. Following the recent approval by the ICT Steering Committee of the new design, structure and style the project has now entered the implementation phase.

The aim of the project is to deliver a user-friendly, corporately branded, accessible public website which is suitable to the diverse needs of our clients.

### Website Audience - Who is the site for?

- Patients
- Visitors
- GPs & Other Health Professionals
- Prospective staff
- Media

### What information will be available on the new site?

As with any development work, good foundations are critical to the success of the project. In the case of the website, accurate, relevant, up-to-date and quality information is the foundation stone. User meetings are currently ongoing with departments / areas in relation to creating a presence for them on the public website. Each department / area will be required to provide content for the website.

The website can be a very valuable tool in the delivery of hospital services to patients, visitors and other health professionals. With your assistance, we look forward to providing them with a new website, which is content rich and appropriate to all their needs.

### How to get involved?

**If you are interested in getting involved or learning more about this project please contact Bríd Moran / Ciarán Walsh in the Information Management Services Department. Telephone: 803 2333 Email: [webdev@mater.ie](mailto:webdev@mater.ie)**



## KEY NURSING ACHIEVEMENTS 2010

By Mary Day, Director of Nursing .....



The Clinical Nurse Manager Leadership Programme is progressing successfully (9th month). This leadership development programme for ward managers has a practice development orientation and focuses on micro-system leading (ward based). In September 2009, 26 Clinical Nurse Managers commenced this programme, facilitated by Dr. Jan Dewing, Honorary Research Fellow University of Ulster and funded by the National Council of Nursing and Midwifery. Feedback from participants has been very positive. We look forward to celebrating with you upon completion at the end of the year.

In February our 1st Nursing Scientific Symposium (Incorporating the Annual Venerable Catherine McAuley Memorial Lecture) titled Advancing Clinical Practice Nursing Research was held. This event celebrated nursing research, project implementation and our ongoing provision of effective, safe, quality nursing care. Acclaimed lecturer, Professor Tanya McCance University of Ulster, gave the keynote address. The majority of presenters were Mater nursing staff (of which we are particularly proud). In tandem, with the proceedings 19 poster presentations demonstrating the commitment of staff to research and the delivery of evidence based nursing care were on view. I would like to express our gratitude to Margaret McCarthy, Director Centre for Nurse Education and staff who assisted in organising this event.

In April a 3 day Kaizen event (lean management exercise) was undertaken in our hospital. This event facilitated by an expert in lean management techniques, in conjunction with University of Limerick mapped our process from when a clinical decision to admit a patient is made (Emergency Department) to bed occupancy. Interactive discussions to highlight changes and improvements took place. A 6 week pilot on Our Lady's ward to examine processes related took place.

An exciting project is currently underway to develop a nursing framework for the identification, measurement and implementation of key performance indicators in nursing practice. Our approach combines research by Mandie Sunderland, Chief Nurse in the NHS Trust (measuring nursing care) supported by work (carried out in Northern Ireland) on the identification of key performance indicators for nursing and midwifery practice.

In conclusion, thank you to all the nursing staff for their continuing commitment and support during the year.

## WORLD RENOWNED NURSING SCHOLAR MARKS 'GLOBAL YEAR AGAINST CANCER 2009' WITH MATER

As 'Global Year Against Cancer' was drawing to an end in 2009, it was fitting that a leading international nursing scholar on cancer pain management delivered a multidisciplinary pain management workshop in partnership with the Mater's Department of Pain Medicine.



Left to Right: Aileen Hassett (CNM2), Dr Frank Chambers (Director Department Pain Medicine), Professor Judith Paice (Director of the Cancer Pain Program in the Division of Haematology-Oncology and Research at the Feinberg School of Medicine, NorthEastern University, Chicago) and Laserina O Connor (Assistant Director of Nursing Department of Pain Medicine)

## MATER FOUNDATION

By Mary Moorhead, Chief Executive



### Miriam O'Callaghan Attends BreastHealth Mater Launch

Patients, staff and donors alike came together on the 26th May to help celebrate 5 years of the BreastHealth Mater Unit with the re-launch of the newly designed BreastHealth Mater Unit. BreastHealth Mater hosted the event in conjunction with the National Cancer Control Programme and the Mater Foundation. Acclaimed broadcaster, Miriam O'Callaghan spoke on the evening while unveiling the plaque to highlight the financial contribution from the Mater Foundation and the National Cancer Control Programme (NCCP). With a 37% increase in the number of Breast Cancer cases being diagnosed each month since 2008, the redesigned BreastHealth Mater Unit expects to diagnose and treat 320 cases of Breast Cancer in 2010 alone. The overall number of patients attending the clinic has also increased by 36% since 2008.

This event celebrated the unique collaboration between the National Cancer Control Programme (NCCP), Breast Health Mater and the Mater Foundation, providing a first class centre with state of the art equipment and patient care facilities. The Mater Foundation has donated over €2.1 million to BreastHealth Mater since their relaunch in 2005.

The Mater Foundation would like to thank all those who recently took part in the Flora Women's Mini Marathon for our Breast Cancer Appeal and all those who bought and sold raffle tickets for our annual raffle.

Winners of the Mater Breast Cancer Appeal Raffle were:

- 1st Prize, Mrs McCabe, Co Dublin
- 2nd Prize, Mr Stewart, Co Kilkenny
- 3rd Prize, Ms Murphy, Co Dublin
- Sellers Prize, Mrs Butler, Co Kilkenny

#### Midsummer Evening Garden Party

On the 19th June 2010, our now annual Midsummer Garden Party took place. The event in aid of the Dublin Neurological Institute was a great success. Against the backdrop of beautiful gardens behind the Georgian buildings on Eccles Street a cocktail and champagne reception, BBQ and dancing event took place.

#### Raise A Million For The Mater Raffle

Once again this year we are holding a raffle to raise urgently needed funds for the hospital. **Tickets are now on sale** and all support from staff would be greatly appreciated.

#### Watch Out For Our Upcoming Events!

**17th September: Neurological Golf Classic, Hermitage Golf Club, Lucan**

**For more information contact the Mater Foundation. Telephone: 830 3482**

**Website: [www.materfoundation.ie](http://www.materfoundation.ie)**



# MATER GROUPSCHEME DISCOUNT SITE LAUNCH COUNTDOWN!

In July, a 3-month pilot project of the Mater Discount Groupscheme site [www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) will be launched.

**Who?**

groupchemes.com provides a series of exclusive offers and services to businesses (IBM, Pfizer, Microsoft and Vodafone etc) and other hospitals (Beaumont and Cappagh). Now we in the Mater can avail of discounts on hundreds of offers and services!

**Why?**

The offers and services that you will find have been particularly selected by groupchemes.com in order to bring as much value and discount as possible to you and your colleagues, to create as many significant savings as possible. Yes, the discounts are open to be used by family members too!

Good news for Mater staff in recessionary times!

In July, staff will be notified that a hyperlink to [www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) has been set up on MaterNet <http://maternet/>

Once launched the onus is on staff to read and comply with [www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) terms and conditions and comply with the Mater hospital's Internet usage policy.

[www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) proposed advantages include but are not limited to:

Discounts on offers and services e.g. hotel breaks, insurance, motoring, tax & financial planning, travel and leisure, retail and lifestyle;

Website updated on an hourly basis;

Online application forms / newsletter; and

Online booking and instant confirmation

An official launch of [www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) will take place in October 2010, following a successful pilot.

Once piloted, when you visit the site don't forget to register with the website and you will be kept updated with all developments. Happy surfing!

Watch Out For Updates!

[www.mmuh.groupscheme.com](http://www.mmuh.groupscheme.com) testimonials (initial pilot):

"Availed of BechWood Dental staff discount and experienced a competitive and professional service. I would recommend and use their services again!"

"I got a significantly reduced price with my cottage rental in West Cork, fantastic!"

**For further information contact Noirin Bannon, Internal Communications Manager. Telephone: 803 4916**

**Email: [nbannon@mater.ie](mailto:nbannon@mater.ie)**



**On behalf of the Board, Executive and staff, I would like to acknowledge and extend our good wishes to the following staff on their retirements.**

**Thank you for your outstanding contributions to this hospital over the years. We wish you health and happiness in your retirement.**

**Brian Conlan Chief Executive**

- Gerard O'Toole, Chief Medical Scientist**
- Margaret Briscoe, Senior Medical Scientist**
- Olwyn Lanigan, Biochemist Principle**
- Anthony Murray, Chief Medical Scientist**
- Sr Maura Irwin, Chaplain**
- Esther Freeman, ADON Cardiology**
- Eileen Moloney, CNM2 IMS**

- Bernie Marshall, Site Nurse Manager**
- Winifred Quane, Staff Nurse**
- Noel Guilfoyle, Electrician**
- Edward Kearney, Painter**
- Margaret Phipps, Administration**
- Teresa Shaw, Administration**
- Marie Urquhart, Administration**
- Mary Tierney, Systems Accounts**
- Katharine Poulton, Chaplain**

- Angela Chadwick CNM3, Nurse Practice Development Unit**
- Nora O'Regan, Staff Nurse ICU**

**If you have a question, suggestion or issue that you would like to put to Brian Conlan CEO please email [yourvoice@mater.ie](mailto:yourvoice@mater.ie)**

**When was the last time you checked the MaterNet 'Latest News' and 'This Month's Events' sections <http://maternet/>**

**Thank you to everyone who contributed and the Photography Department.**